

# THE SPECIAL LANGUAGE OF ENCOURAGEMENT

## Phrases that demonstrate- acceptance:

"I like the way you handled that."  
"I like the way you tackle a. problem."  
"I'm glad you enjoy learning."  
"Since you're not satisfied, what do you think you can do so that you will be pleased with it?"  
"It looks as if you enjoyed that."  
"How do you feel about it?"

## Worksheet

### Is a certain child a challenge for you?

1. What do you look forward to when you are with  
\_\_\_\_\_?  
?
2. What can this child be respected or valued for?
3. Write two ways you can encourage this child.
4. Take a moment to prayerfully recognize the indwelling Christ in this child.

**Phrases that show confidence:**

"Knowing you, I'm sure you'll do fine."  
"You'll make it."  
"I have confidence in your judgment."  
"That's a rough one, but I'm sure you will work it out."  
"You'll figure it out."

**Phrases that focus on contributions, assets, and appreciation:**

"Thanks, that helped a lot."  
"It was thoughtful of you to \_\_\_\_\_."  
"Thanks, I really appreciate \_\_\_\_\_, because it makes my job much easier."  
"I need your help on \_\_\_\_\_."  
"You have skill in \_\_\_\_\_. Would you do that for the class?"

**Phrases that recognize effort and improvement:**

"It looks as if you really worked hard on that."  
"It looks as if you spent a lot of time thinking that through."  
"I see that you're moving along."  
"Look at the progress you've made."  
(be specific; tell how)  
"You're improving in . . ." (be specific)  
"You may not feel that you've reached your goal, but look how far you've come."