

WORKSHOP: SHOW ME TREATMENT

PURPOSE: To discover, learn and practice the steps of spiritual mind treatment.

PRINCIPLE: Spiritual mind treatment is the SOM form of prayer that assists us in being aware of the Oneness of God and of all resources. This workshop is designed to open our awareness of the individual steps of treatment.

MATERIALS: Blank Treatment Form

PROCEDURE: Break into five groups, making sure that teens with experience in SOM are in groups with newer teens. An advisor will discuss what treatment is, what the steps are, why, etc. Also explain what a purpose statement is and its importance.

Ask for a volunteer who is willing to have treatment done for them about something that's up for them in their lives. Allow that person to explain what they want treatment for and the situation surrounding it. Brainstorm with the groups to come up with a purpose statement and write it on the white board.

Assign each group to one of the steps.

Recognition – Discovering the qualities of God and Its Oneness

Unification – Recognizing we are part of those qualities & Oneness

Realization – Accepting, claiming that purpose NOW.

Thanksgiving – Gratitude, celebration of the awareness.

Release – Placing into the Universal Law, and letting go of it completely.

Explain that the groups will have the opportunity to demonstrate that step to the other groups. In demonstrating, that group can use anything and anyone in the room as part of their depiction of the step. The group will then act out, model, build a formation, etc. of what that step “looks” like. Each of the others groups can then build onto the previous step if they wish to, one step at a time, leaving time between steps for reflection, observation of what it looks like with the addition of the next step. After the final step, if not everyone was involved in the release, ask everyone to “release”.

Then ask for another volunteer, and repeat the process, changing the steps around between the groups.

Closure. To end the workshop, pass out the blank treatment papers, and have each person write a purpose statement for something they want to treat for themselves for during the week. Use each other within the groups to come up with good form for the purpose statement. Invite everyone to take their papers home and fill in the rest of the treatment and say the treatment every day.

Close with the tithing basket and money blessing, REMEMBER: OUR TITHE COMMITMENT IS NOW \$3.00 PER WEEK...then appreciation circle.

MY TREATMENT

Purpose:

#1 RECOGNITION

“God is all there is”

#2 UNIFICATION

“and I am One
with God”

#3 REALIZATION

“I claim, accept, and
embrace my GOOD”

#4 THANKSGIVING (CELEBRATION)

“I give thanks for the
knowledge of this”

#5 RELEASE

“I let go and Let GOD”

PPsst...R U Ready To Receive???
